# PRATIYOGITA DARPAN

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## **Follow the Laws of Nature**

We are the products of Nature; Nature is mother to us. Hence, we should always strive to be in harmony with Nature. We should strictly follow the laws of Nature, for going against the laws of Nature is fraught with troubles which man cannot cope with. Nature is not only a mother, but also a teacher to us all. English Romantic poet William Wordsworth uttered the universal truth: "One impulse from vernal wood may teach you more of man than all the sages can." In the solitude of Nature Wordsworth found the much craved for bliss. Earlier William Shakespeare found 'sermons in stones', and 'good in everything' of Nature. We should conserve nature and respect all life including animals, plants, the insects world and the rivers and mountains. We should also zealously conserve our wildlife. All this is needed to maintain the ecological balance of Nature. The present gravity of droughts and floods is due to the systematic destruction of plant life. We are suffering all the agonies which the environment is giving us due precisely to the fact that we have ignored or disobeyed the laws of Nature. One important law of Nature is: to every action there is an equal and opposite reaction. It applies in the case of man. If man works hard, he will get the reward. Success comes only to those who try, work and perspire. Those who are lazy, slothful and inactive have nothing but failure in store for them. Thus, from every angle Nature is important to us; its laws must be abided by, otherwise we will have to face troubles galore.

The sensible engineer constructs a new channel for the water to flow through, and constructs bridge over the river. If he did not do so, the bridge would never be completed against the force of the current of the river. The American philosopher poet Emerson has rightly said, "Nature is conquered by obedience, and the divine is found in a unity of justice and love."

Obviously, those who do not obey the laws of Nature must suffer. When it is cold, nature demands that we should try to keep warm in whatever ways we can, and so on. Such is the way in which physical Nature teaches the inviolability of law. Man, following his own untrained will, strives to follow it, be a fence of physical law around him or not. He dashes himself against the iron wall which he cannot break, and the pain of the bruising, the anguish of the mutilation, teaches him that law is inviolable, and unchangeable, that it must be obeyed or the disobedient will perish in the struggle.

There is equal and opposite reaction to every action, is a very important law of Nature, which Newton divulged and propounded. So we cannot escape the results of our own actions and creep into unearned happiness of favourable results by some door of vicarious atonement where we have not laboured, and where we have not wrought. The law of Nature is that each man must walk on his feet, that each man must grow by his own

effort. Those who try to live by proxy or depend on the efforts of others must suffer for disobeying the law. To get help from others, one must also help himself. For truth does not need invertebrate people saved by the goodness of another. Unless we fulfil the requirements of laws of Nature, no other horizon can open before our eyes. Great teacher of Russian origin Madam H.P. Blavatsky writes in her famous book Voice of the Silence-"Help nature and work on with her, and nature will regard thee as one of her creators and make obedience. As she would open wide before the portals of her secret chambers lay before thy gaze the treasures hidden in the very depths of her pure virgin bosom." The implication of these words is the call to the scientific and technological world of today, to be a co-worker with Nature and not aspire to become a conqueror of nature. This dire need of the modern times was given expression by one of the great scientists of today, Julian Huxley. Even at the risk of digression, we must tell you what he said, "We must switch more and more of scientific efforts from the exploration of outer space to that of inner space, the realm of our own minds. All branches of science and learning can join in this great venture of exploration." Remember Nature has no veil in her kingdom for him who tries to work with her.