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## Develop An Integrated Personality

A human being is distinguished from an animal for having certain crucial traits which no animal has. One of those traits is personality. A man's stature is judged by his personality which is a complex whole of various attributes and traits. But all human beings do not have the same synthesis of traits. Some of them possess lofty traits while others do not possess. A man of personality is a man who counts for much in the galaxy of individuals. Average people do have a personality but a few stellar personalities do have something more which distinguishes them from others. One very important thing about personality is that it inspires confidence and success only if it is an integrated personality. We must certainly develop an integrated personality. Different good traits must be in perfect harmony in an integrated personality; our thought, action and belief must be in a close harmony for developing an integrated personality. In other words, our mind, body and spirit must work in perfect harmony. We ought to pursue intellectual attainments in order to cater to our mental powers. We should undertake physical activities which cater best to our body. Lastly, we ought to have an spiritual outlook on life. We should cultivate an ethical view of life. All these three things must be dovetailed in proper proportions. We must strike a balance between different powers of our personality in order to have an integrated personality. Perfect integration is hard to find, but we must endeavour our best to have as much integration as possible so as to raise ourselves to a high pedestal of human life.

Man has two souls—human soul and the animal soul. They are the triangles of will, wisdom and love, and desire, knowledge and activity respectively. It is clear that the animal soul is the lateral inversion of the human soul. Desire is the guiding force in an animal soul. When desire is for the good of others then it becomes will. Develop the animal soul in such a manner that it becomes the human soul. It means that real evolution or development is the annihilation of the animal soul. That is, for living real life or the life of the human soul, it is necessary that the death of the animal soul takes place.

The working of the nature takes place according to the formula—consciousness uses Pran (life) to control matter or energy. It's clear that the working of the body involves three planes—consciousness, pran and body.

We consider the special functions of the human body on these three planes. Human body has two very special qualities—its head is erect and it has free hands. In the cycle of evolution no other creature has a straightened body and the head perpendicular to the ground. This is expected of man that he or she should not do anything that compels him to bend his head down and hang his head in shame. It is the man only that has free hands. Hands are expected to do good things and render service to the society at large. We are expected to use hands in making things of art and cultural values. The hands that do any harm to any other creative work is against the law of nature.

Persons using their hands in the proper way have made fine buildings, paintings and useful things like—railways, other vehicles, ships, aeroplanes, rockets, etc.

These useful hands explored the ways and means to reach other planets. It was these useful hands that found wonder and life saving drugs and gave wonderful things like cloning. These useful hands are exploring the possibilities of telecommunication between man and plants. We expect that the useful hands of our young men and women will hit upon some new researches and inventions that go to help the society to go towards advancement and progress.