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# Try to be Good

God made human beings in the image of Himself. But unfortunately our ego and our pandering to the lower self lead us to be other than what God made us. We don't hesitate to inflict pain on others. If we really want to be happy, the golden rule to be followed is: be good to one and all since God is good to all. We get great satisfaction by being good and by doing good. Goodness is divine, while being bad is satanic. Doing good leads to life, liberty and liberation, while doing evil leads to disaster, destruction and death. Good, truth and beautiful are convertible terms. Satyam, Shivam and Sundaram, the trio makes for one and the same thing. This is the attribute of God and therefore one who is good is also truthful and beautiful. No pleasures of the earth can compare with the pleasure attained by being good, by doing good or by thinking good. Lord Buddha prescribed the path of liberation by enunciating the eightfold path which includes right thought, right speech and right action, Here 'right' means good. All scriptures of the world enjoin on us the duty to be right or good to one and all. Our aim in life, therefore, should be to try to be good in order to ensure to ourselves and to others the kingdom of peace and happiness and the tranquillity of mind and soul. Try to be good is, therefore, the golden precept we should follow and practice in our lives.

To spread goodness is in your power. You want to look like a good man, and also welcome to be called a good man Everybody wants to be so. But very few of us try to become a really good man.

Let us first ask ourselves whom we call good men and what we expect of a good man. The answer is simple. A good man is first of all a gentleman, and a gentleman is he who does not inflict pain on others or does not give any cause for offence to any one. On the other hand, he tries to be helpful and useful to all whom he comes into contact with. If you expect others to be good to you, then be helpful to others. Do unto others, as you want to be done by them. As you sow, so shall you reap.

A great author has written that the secret of sound sleep is good work. He had made it a point to do a good work to atleast one person everyday, and felt satisfied when he went to sleep. You can also experience it by doing good work. So many persons suffer from insomnia because they do not do good work and do not enjoy the pleasure of self-satisfaction.

What accompanies a person when he or she goes to the other world? No money, no riches, no property, but only his goodness, and at the same time, only goodness remains and lasts forever. Even the King Soloman and Alexander, the Great, had to go empty handed. But servants of the people like Swami

Dayanand and Mahatma Gandhi had their hands full with goodness, when the world bade them good bye for the last time.

God is called good, because He is good to all beings, and likes all. You also begin to like all and be good to all; you too, will be called good. The first step is to like and love your own self, because you are a good person, but outwardly and inwardly you will at once experience that God and goodness will be standing beside you bacause goodness is next to godliness.